



AADO / HKSSH Conjoint Scientific Meeting 2018
(Activity of the 2018 HKSSH Annual Congress)



Trauma Basics: Managing Hand and Wrist Injuries

4 March 2018 (Sunday)

Orthopaedic Learning Centre

1/F, Li Ka Shing Specialist Clinic, North Wing, PWH

Programme

Lecture Session (09:00 – 12:45)

Time	Content	Speaker
08:30	Registration	
09:00-09:10	Welcome Remarks	Ms Eva Au
09:10-09:40	Physical Examination of Hand and Wrist Injury	Dr Edmund Yau
09:40-10:10	Imaging of Hand and Wrist	Dr Edmund Yau
10:10-10:40	Surgical intervention and management of Hand and Wrist Injury	Dr WY Ip
10:40-11:05	Pre-and-post Operative Nursing Care to Patient with Hand and Wrist Injury	Mr TC Arthur Szeto
11:05-11:30	Preparation of Patients Undergo Surgery of Hand Injury	Mr CH Ho
11:30-11:45	Tea Break	
11:45-12:10	Physiotherapy Management: Regain ROM and control swelling	Ms HY Tai
12:10-12:35	Back to Community: Work Rehabilitation	Ms Gladys Leung
12:35-12:45	Q&A	
12:45-13:00	Closing Remarks	Dr WY Ip
Lunch		

Workshop Session (14:00 – 16:00)

14:00-14:45	Swelling control: Boxing Glove	Dr Edmund Yau & Dr Michael Mak
14:45-16:00	General Principles of External Fixator	Dr Edmund Yau & Dr Michael Mak